Facility Rules for Indoor Play 2026-2027

(Different rules may apply to tournaments)





****NO CLEATS ALLOWED AND SHIN GUARDS ARE MANDATORY!****

AGES/Ball Size/Game Length	# PLAYERS ON THE FIELD
U8's/ 3/ (2 x 20 Mins)	4v4 dual sided (no keeper) 5 v 5 with a goal keeper (not duel sided)
U10's & U12's/ 4 (2 x 22 mins)	6 + keeper
U14 & up/Adult/5 (2 x 25 mins)	5 + keeper

Any players not registered with Afrim's Sports will constitute a forfeited game! Any player who is NOT registered within the Afrim's Sports registration waiver system accepts full liability for any injuries/accidents that may occur! Registered means you have signed the Afrims Sports Waiver and have a current Annual Membership on file.

Uniform- no metal or spike cleats, no hats(except for goalie), cast must be padded, no go pros, shin guards are required.
U8/U10 Policy: No intentional heading will be allowed in any age group from U10 and below.

- No Punting or drop kicking by the goalkeeper.
- Build out Line- Applies to any free kick in the box or when the goalie has possession of the balls in his hands. The opposing team must drop back to mid-field until the ball is touched.

Kick Offs: Kickoffs are direct and a goal can be scored on a kickoff.
Goalkeepers: -Cannot hold the ball for more than 8 seconds, if goalkeeper exceeds this time, opposing team will be awarded a corner kick -Cannot pick up the ball if deliberately kicked back by own team
-Allowed to punt, dropkick and kick over half!
Penalty Kicks: 8 Yards
5 Goal Rule: Whenever a team is leading by 5 goals, the opposing team may add another player until another goal is scored
Free Kicks: Free kicks are **direct and** the defending team must be a minimum of **5 yards** away.
Ball Exiting Field Of Play: Any ball that exits the playing field over the touchline is a throw in. The ball cannot be thrown directly into the goal on a restart. Any illegal throw-in results in the loss of possession. Any ball that strikes a net, light, ceiling, or beam within the confines of the field is out of play. A direct kick restart will be awarded to the opponents nearest where the ball hits. *Exception: Within the goal box, the ball is placed outside of the box for restart in line with where the infraction occurred for a free kick for opponents.*
Times Wasting: Referee has the option to add time for taking a free kick at the end of half or game if deemed the opponents are intentionally wasting time. The ref is in charge of the clock.
Substitutions: Substitutions are guaranteed for either team on any "out of play ball " at the referee's discretion. Youth League
Substitutions: Substitutions are guaranteed for either team on any "out of play ball" at the referee's discretion. On the fly, substitutions may be done while the ball is in play. Players entering the field must wait until a player exiting has stepped off the field. Violation of this rule could result in a 2 minute penalty (playing a person down). Adult League Only
Yellow Card: All yellow cards will result in a man down situation for 2 minutes or until the opposition scores, whichever comes first. A second yellow card in a game will equal a red card. Four yellow cards in one session (6 or 8 week period) or two yellow cards in one tournament, and the player must sit out the next game.
Red Card: All red cards will result in immediate ejection; *AT A MINIMUM,* the player will sit out for the rest of the game *AND* the following game. On a red card the team will play a man down for the remainder of the game, even if goals are scored. All red cards will be subject to review to determine the length of the suspension. If the ejected player attempts to play during their suspension, then he/she will be suspended indefinitely.
Two Minute Penalty: A two minute penalty can be assessed at the discretion of the referee for minor violations regardless of whether a yellow card is given.

Other Rules: ***NO Slide Tackles... but sliding is allowed!*** **NO SPITTING, NO gum chewing, and NO ball kicking against any wall**. Fist fighting, swearing, and racial remarks will **NOT** be tolerated. **ADULT LEAGUES ONLY: ALL PLAYERS NEED TO BE OVER 18 YEARS OLD.** ***Failure to identify yourself, give your name to the referee or front desk staff when asked to do so will result in immediate suspension to the player. The team's captain is responsible for knowing all the names and members of their teams . Failure to identify a player by team captain will result in them being suspended. Afrim's will tolerate the team captain's not telling us they don't know the players name . In any case of suspension or expulsion, NO refunds will be issued.***

Sportsmanship- We expect all players to demonstrate mutual respect on the field. Negative behaviors such as trash talking, taunting, or baiting opponents will not be tolerated. If such behavior is observed, referees or Afrim's sports staff should intervene immediately and ask for it to cease. Continued disrespectful conduct will result in a card being issued, along with a report at the end of the shift to assess further action. Let's work together to ensure a positive and enjoyable experience for everyone involved!

Verbal Abuse and Disrespectful Conduct: ***Verbal abuse, threats, intimidation, or harassment directed towards players,staff, referees or any other individuals within our facility will not be tolerated . Anyone engaging in such behavior will be required to leave the facility immediately. Failure to comply may result in suspension or permanent ban from Afrim's Sports, pending review. NO REFUNDS will be issued for any suspension, ejection or facility ban.***